



HIGHPOINT ACADEMY
LUNCH MENU
August/September 2012



Monday, 8/27 (PRE-SCHOOL ONLY)	Tuesday, 8/28	Wednesday, 8/29	Thursday, 8/30	Friday, 8/31
Ground Beef "Picadillo" Moros (rice/black beans) Warm roll Fruit-flavored Jello	"Arroz con Pollo" (Yellow rice w/ Chicken) Sliced carrots Low-salt crackers Sliced banana	Home-style Spaghetti with meat sauce Garden Tossed Salad Garlic roll Sliced Pears	Shredded Chicken w/carrots White Rice Black Beans Low-sugar Brownie	Pizza Day! Fresh Baked Pizza Low-sugar Dessert
Monday, 9/3	Tuesday, 9/4	Wednesday, 9/5	Thursday, 9/6	Friday, 9/7
LABOR DAY. SCHOOL CLOSED.	Chop-Chop Chicken w/Yellow Rice Corn Sliced banana	Baked Ziti with sliced carrots Garlic Bread Sliced Peaches	Yellow rice with Turkey, sausage and corn Garden Tossed Salad Garlic Roll Low-sugar Pudding	Pizza Day! Fresh Baked Pizza Low-sugar Dessert
Monday, 9/10	Tuesday, 9/11	Wednesday, 9/12	Thursday, 9/13	Friday, 9/14
Sliced Meatloaf Mashed Potatoes w/gravy Creamy carrots Fruit-flavored Jello	Baked Chicken Patty White Rice and Black Beans Sliced banana	Fettuccini with cheese sauce Garden Tossed Salad Garlic Roll Sliced Pears	Roasted Chicken with carrots Creamy Mashed Potatoes Dinner Rolls Low-sugar Brownie	Pizza Day! Fresh Baked Pizza Low-sugar Dessert
Monday, 9/17	Tuesday, 9/18	Wednesday, 9/19	Thursday, 9/20	Friday, 9/21
Beef and Potato Stew with carrots ("Carne con Papas") White Rice Fruit-flavored Jello	Baked Chicken Tenders White rice and Black beans ½ whole wheat bread Sliced banana	Cheese Ravioli with sliced carrots Garden Tossed Salad Garlic roll Sliced Peaches	Chicken Fricasse Mashed Potatoes Vegetables Low-sugar Pudding	Pizza Day! Fresh Baked Pizza Homemade Low-sugar Low-sugar Dessert
Monday, 9/24	Tuesday, 9/25	Wednesday, 9/26	Thursday, 9/27	Friday, 9/28
Shredded Beef "Ropa Vieja" Moros (rice/black beans) Fruit-flavored Jello	Turkey Meat Balls White Rice Broccoli florets Garlic Bread Sliced banana	Lasagna with meat and cheese Broccoli florets Garlic roll Sliced Pears	Chicken Teriyaki Chinese Rice w/vegetables Low salt crackers Low-sugar Brownie	Pizza Day! Fresh Baked Pizza Homemade Low-sugar Low-sugar Dessert